



"Bringing Out the Best in People"

**Rachel Choppin: Principal, HR 4 You
Instructor: UCLA, UC Davis and UCI Extensions**

Rachel Choppin is an accomplished teacher, human capital consultant and career counselor with 20 years experience in facilitating professional and leadership development over three continents. She is passionate about creating interactive learning experiences and bringing out the best in people, and excels in engaging participants in applying learning in real time and contributing to their organization's success. For menu of courses, visit **Teaching** - www.hr4you.com/teaching.

Rachel has successfully hired, coached, trained and transitioned hundreds of professionals both as a VP of HR and as a consultant. She has consulted and conducted training with organizations such as Boeing, Northrop Grumman, Nielsen, Newegg, Ingersoll-Rand, Razor USA, Intercare Therapy, Klune Industries, Medtronic, Advanced Medical Review, the City of Sacramento, the Metropolitan Water District of Southern California, UC Davis, UC Santa Cruz and Stanford Universities. For clients' testimonials, see **Testimonials** - www.hr4you.com/testimonials and **LinkedIn** - <http://www.linkedin.com/in/hr4you>.

Rachel created professional development coaching programs - **Career Your Passion**, **Navigate Organizational Politics** and **Manage Yourself for the Life You Want** (www.hr4you.com/coaching), and guided many professionals in achieving their work-life goals. She is a member of the American Society for Training and Development and the UCLA Extension Human Resources Management Advisory Board, and the facilitator of **Schmooze & Learn and Career Connections** - www.hr4you.com/hrnetwork.html#schmooze-and-learn.

Rachel earned an MA in Career and Educational Counseling from UCLA, a Certificate in Counseling from The Lincoln Clinic and Institute of Psychotherapy in London, and a BS and Teaching Certificate in Science from The Hebrew University in Jerusalem. She is a certified UCLA Extension Online Instructor. For information about upcoming public classes, visit **Calendar** - www.hr4you.com/calendar.

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